



TERMS AND CONDITIONS

BirthMind hypnobirthing courses are services. Provision of the service is considered to have started when booking confirmations and pre-course questionnaires are sent to the course attendee/s.

Cancellation policy

If you book on a course and subsequently wish to cancel, refunds will only be given on the following basis and the following charges will be applicable.

An administration charge of £15 for one day group courses and £30 for private one or two day courses will automatically be charged.

Once this amount has been deducted, a percentage refund of the balance will be calculated based on the number of days' notice of cancellation received (prior to the start of the course). This notice must be given in writing or by email.

No. of days' notice given	Percentage refund
42 + Calendar days	75%
32 – 41 Calendar days	50%
22–31 Calendar days	25%
21 Calendar days or less, or 'no show'	0%

If the cancelled place is filled by another course attendee, a full refund minus admin costs will be offered. Places are not transferable unless by prior agreement as a waiting list may be in operation. Refunds cannot be given under any other circumstances.

In the unlikely event that BirthMind has to cancel a course, an alternative arrangement will be made.

Transfer Policy

If a course attendee wishes to transfer to an alternative course a charge of £15 will be made. If an alternative date cannot be found, the cancellation policy will apply.

Covid-19

Given the unpredictable nature of pandemic-related restrictions, BirthMind will endeavour to be as accommodating as possible to changes and requests. Before any in-person course, on the day of teaching the instructor will perform a lateral flow test and the same is requested of the clients and any member of their household over the age of 11. Social distancing will be observed where advised and if desired courses can be taught outdoors where practical and weather-permitting.



Reverting to Virtual Teaching

In order to protect the health and wellbeing of the clients and the instructor, courses booked to be taught in-person will be taught virtually via Zoom in the following circumstances:

- On request of the client
- If the client/instructor or a member of their respective households is: self-isolating; has tested positive for Covid-19 in the last 10 days (even if a subsequent test is negative); is awaiting the result of a Covid-19 test following symptoms/contact/travel; or is a close contact of a positive case.
- If the client/instructor or a member of their respective households is showing any of the following symptoms: fever, new cough, loss or change of sense of smell, diarrhoea or vomiting (not pregnancy related) in the last 72 hours, cold or flu like symptoms.

General

The information, techniques and exercises provided within the course programme or downloads are for educational purposes only.

Do not use the downloads or practice the techniques or exercises learnt on the course or contained within the downloads whilst driving or operating machinery, or if you suffer from epilepsy, clinical depression or any other nervous or psychiatric condition. The information provided is not a substitute for medical advice. If in doubt, please consult your doctor or licensed medical practitioner.

Amendments to the Terms

BirthMind retains the right to amend these terms and conditions in any way it considers appropriate.